



VILLAGE

VOICE

ISSUE 81 APRIL 2021 · DISTRIBUTED FREE TO HOMES & SHOPS · LIVING, WORKING & SHOPPING IN GLEN EDEN

Anzac Day in Glen Eden



OUR LOCAL RSA is always a hub for Anzac Day activities. Everyone may join the parades. Relatives' medals may be worn on the right-hand side on Anzac Day only. All are invited to the RSA. Here's the line-up for 25 April:

- | | |
|----------------|---|
| 5am | Clubrooms open for coffee/tea & a tot |
| 5.35am | Free transport to Waikumete leaves club |
| 5.45am | Assemble opposite Sarona Avenue |
| 6am | Dawn Parade at Waikumete Cenotaph |
| 7.15am approx | Cooked breakfast on sale at the club |
| 10.35am | Free transport leaves club |
| 10.45am | Assemble opposite Sarona Avenue |
| 11am | Citizens' Service at Waikumete Cenotaph |
| 12.30pm approx | Diggers' lunch on sale in club; entertainment |
| 4pm – 7.00pm | Entertainment |
| 8.00pm–closing | Karaoke |



Library celebrated Pasifika Month

MONTY demonstrated to rapt onlookers how to make a *pare* (Pasifika hair garland). In Pasifika Story Time, he played the ukulele, shared songs and stories from the Pacific and even got them doing a Pasifika dance!

Wheels Out West on Saturday 17 April is another date for your diary. Don't miss it – details on back page.



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Plenty for Glen Eden in EcoFest

Loving your stream includes checking what's in the water. On the left is eco-warrior Allan Johnson, who last year won a Judges' Commendation in the Love Your Place awards.

ECOFEST WEST 2021 has begun and there are several events to take part in around Glen Eden. They include Te Māketete, a market held every month at Hoani Waititi Marae. Enjoy live entertainment, modern and traditional Māori cuisine, and artists.

EcoFest West, now in its tenth year, runs to 18 April and celebrates our beautiful environment by sharing practical ideas to make sustainable living easy, for a better future.

Organised by EcoMatters Environment Trust, EcoFest West is Auckland's biggest such festival and features more than 120 events.

EcoMatters Environment Trust's CEO, Damon Birchfield, says, "This year's programme includes interactive workshops to deepen your connection with nature, community events that celebrate and restore our natural environment,

and experiences that share ways to live more sustainably."

Go to www.ecofest.org.nz for details of all events. EcoFest West is brought to you by EcoMatters Environment Trust, with events hosted by a range of organisations, generously supported by the Henderson-Massey, Waitākere Ranges, and Whau local boards.

Glen Eden events:

- LOVE YOUR STREAM DAY
Wednesdays and Thursdays,
9am–12pm
- TE MĀKETETE
Saturday 27 March,
9am–1pm, Hoani Waititi,
441 West Coast Road
- MILAN RESERVE NATUREWALK
Saturday 27 March, 2–3pm,
Milan Reserve, Milan Drive
- THE ONE BIN CHALLENGE
Saturday 10 April, 10am–12pm,
25 Amber Avenue.



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Fit Factory manager is a woman of many roles

AS WELL AS being manager of Fit Factory in Glenmall Place, Barbara McGrath is a dancer, dance teacher and runs her own online store business. On top of all that, Barbara was due to give birth as *The Voice* was going to print.

"I'm proud of Fit Factory Glen Eden," says Barbara, "because we offer a safe haven, a warm environment where members of the public can come to train and do their workout and feel accepted no matter who they are or where they are from."

The gym has already attracted new members from the new Westlight apartments and it's good to know that these recent residents, mostly newcomers to Glen Eden, are already feeling comfortable in the suburb and taking part in local life. That could be because it's such a welcoming gym.

"Our members are very friendly and soon become part of the gym family," says Barbara. "We provide a friendly, family environment. Members come not only to train but also to socialise with other members."

Fit Factory truly is a place for families – in one instance, four generations of one family: great



Barbara McGrath (far right) with the gym's very first Zumba class. Clearly they enjoyed it!

grandma, grandma, mum and daughter.

They offer a range of different classes suited to all fitness levels. Examples include boxing, kick-boxing, Zumba, HIIT (high-intensity interval training), yoga, step and dance classes.

Barbara loves meeting new members, witnessing their health

and fitness journey and watching the transformation in each member.

It's hard to imagine Barbara having any spare time, but she loves to work out (what else!), journal and meditate.

Fit Factory's 8-Week Challenge starts on 5 April; ask about it at the gym or check their Facebook page.

Local interests should be respected

One of the roles of the local board is to advocate for the interests and preferences of local people in relation to planning applications.

Often we are the only locals who will hear about these applications before they are granted and diggers turn up to a site. Our intent is to make sure that local interests are respected.

Late last year I was given notice of an application to develop houses on the Nola Orchard property. The application was made under new legislation introduced to help speed up resource consent applications that create employment. The process is truncated and notice to the public is limited.

The land is zoned Residential Single House Zone under the Auckland Unitary Plan and development is meant to be "of a height, bulk and form that maintains and is in keeping with the character and amenity values of the established residential neighbourhood".

This development would be of a unique scale and intensity for the area. We advised the Minister of our

concerns about the implications for Parrs Park as this park is already heavily utilised. We also considered the implications for the local road system, and that access to local schools is problematic and limited.

Despite our submission, the Minister decided to allow the application to proceed on the fast track process.

I am all for affordable housing. It is crazy that we have a city where ordinary workers cannot afford to buy a house. But the Unitary Plan attempted to design a city where intensification could occur adjacent to major public transport routes and this proposed development is outside of what was intended.

The local board will get the chance to comment on the application. We will tell the Panel about local views



and how it should respect the current unitary plan zoning.

Greg Presland
Co-chair

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Food insecurity in Glen Eden

TALKING ABOUT foodbanks can result in a cynical response. Who are these people who need food? What have they spent their money on? But the financial challenge for ordinary families is growing and Covid has added to the struggle.

VisionWest's Pātaka Kai (food support) usually gives out 70 food parcels a day. However, over two days during Covid Alert Level 3, this rose by 45%, soaring to an average of more than 100 parcels per day.

The reality of the financial challenge faced by many is that 75% of those coming to VisionWest for food cited the reason as, "reduced income and/or increased anxiety."

One VisionWest client is a family with four children. Having never been jobless in his life, the husband lost his job because of Covid. He said that without the help of VisionWest's Pātaka Kai, he would not have been able to put food on the family's table. He has since found another job and is pleased to be able to feed his family once again.

The answer to the question of who needs food may surprise many. The uncertainty of Covid, lower incomes and higher living costs mean many more people are finding it impossible to make ends meet.

For the financially vulnerable, something as simple as an unexpected visit to the doctor or an outgrown pair of school shoes means money set aside for food is simply gone, eaten up by the need to pay an urgent bill.

These are the people who need food – ordinary people who may be living in your street.

Library is becoming gross!

Regular events

Book Chat

First Wednesday of each month
10.30am–11.30am

Come and share what you've been enjoying reading.

Job Cafe

Wednesdays 1pm–3pm
(except school holidays)
Whau Ace (Adult and Community Education) offer free drop-in sessions helping you to:

- Prepare a CV
- Search for a job
- Apply online for jobs
- Write a cover letter

Rhymetime

Thursdays 10.30am–11am

Wriggle and Rhyme

Fridays 11am–11.30am

Lego Club

Saturdays 2.30pm–3.30pm

Skinny Jump

Do you need internet for the kids' schoolwork or for yourself to connect with family overseas?

Glen Eden Library is a local partner for Skinny Jump, which offers flexible prepaid broadband. It is available to anyone who does not have broadband connection. There are no contracts or credit checks, and the modem comes free of charge and preloaded with 30Gb. Ask about it at the library.



Wind and the eye

With the Americas Cup and the need for wind, how does wind affect the eye?

Changes in our indoor and outdoor environments affect our eyes year round. A fan indoors or a blustery day outside causes our tears, which normally lubricate and protect the surface of the eye, to evaporate more quickly.

The front of the eye is the cornea, which is a very sensitive part of our body, and when our tears evaporate more than usual, the exposed surface of the eye becomes dry. This can cause symptoms of irritation, watering and blurred vision.

This irritation can prompt the impulse to rub away the irritation.

Resist the reflex to rub. Instead, use a lubricating ophthalmic solution known as artificial tears.

These drops will replace the moisture lost to evaporation and are soothing to the ocular surface.

Additional tips to keep in mind:

- Blinking is the body's way of re-establishing tears. It is a sign of dry eyes and the need for a lubricant.
- Wear glasses to protect the eyes during windy conditions.
- Sport a peaked cap or wide-brimmed hat to help shield the eyes.

Wind aside, prolonged eye pain, redness, or a change in vision are all concerning signs that should prompt a visit to an eye professional.



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Library School Holiday Programme: Grossology



Lego Free Play
Saturday 17 April, 2.30pm

Science with Robert
Monday 19 April, 2pm

The ReCreators: Fashion Revolution – Sew a Germ
Tuesday 20 April, 10am

Teddy Bear's Story Time & Sleepover
Wednesday 21 April, 4pm

Movie, Popcorn & Papercraft
Friday 23 April, 2.30pm

Lego Free Play
Saturday 24 April, 2.30pm

Venus Fly Trap Papercraft
Tuesday 27 April, 10am

Family Kahoot Battle!
Wednesday 28 April, 2pm

The ReCreators: Grossology – Brains, Blood & Poop
Thursday 29 April, 10am



Movie, Popcorn & Papercraft
Friday 30 April, 2.30pm

Helping kids into their first home



Part I of a series on this topic

MANY first-home buyers are helped by their parents, writes Robyn Rule from Barfoot & Thompson Glen Eden.

But while there are several ways to help your kids into their first home, you could compromise your own financial position. Lawyers don't like some methods for that reason, which doesn't mean they won't work for your family.

A gifted deposit is the usual way parents help financially. While it is generally called a gifted deposit, the money is usually a no-interest loan – mainly so it doesn't form part of the matrimonial property. Marriages don't always last, and you don't want half the money to be given to the other partner in a marriage break-up.

Banks want such loans to have some conditions: no encumbrance to be put on the title; the loan is on demand but not repayable until after the property is sold.

Banks look at the servicing, and if parents are tying their children to formal regular repayments. When they're not, the bank ignores the loan.

Loans around \$200,000 are common and even in Auckland this gets the kids into an otherwise unaffordable property. The money is often from granny's inheritance, which the parents don't need as they are in their fifties with a mortgage nearly paid off.

The loan is unsecured. You don't know if the children are borrowing more against that property. They might heavily leverage the property to buy another investment property and not tell you. You are relying on their goodwill. So do take legal advice.

Next month I will look at other ways to help your kids.

March Glen Eden statistics
42 sales totalling \$36,369,500.
Highest price: \$1,450,000. Lowest: \$350,000.

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GLEN EDEN

Glen Eden Bowling Club shows its manaakitanga



What a weekend for GEBC ladies Sheila Tilyard, Christina Teiva, Dixie Copas and Rhianne Tippett from Te Atatu. Their first day at Pt Chev, they won 5 games out of 5. Day 2 was sectional play and they won the next two games but lost the third by four points, so missed out on the semi-finals. They should be proud of how far they progressed.

WAITANGI weekend was the busiest time in many years for Glen Eden Bowling Club (GEBC) as it hosted section players in the Aotearoa National Bowls Tournament, which drew more than 300 players from all over the country.

GEBC was one of the four Auckland host venues this year. Six months ago, club members started meeting every week to plan the event.

Brendon Kelly, Graham Storie and the greens teams did a grand job with the grounds looking their very best. Even the artificial green got a brush-up.

Hospitality was the other major focus for planning. With 24 teams on Saturday and 26 teams on Sunday plus supporters, refreshments would be in demand so the club put in extra orders for the bar and new brews too. Judy Raill and team had a 5.45am start preparing the bar so beer tents were ready to go by 8am. The Waitākere Trusts kindly lent the club a tent and two huge chilly bins.

As usual Rosco Monteith had his sound system running with great tunes to bowl to.

Whilst most of the food for the tournament was supplied by the tournament organisers, volunteers had to prepare and serve it up for the 150 entrants visiting the club.

Alby Clarke and daughter Jamie oversaw the boil-up of brisket, watercress and Māori-style ginger steamed pudding.

Jim Close organised with club sponsor Tobies Seafood for the supply of 400 fried bread and fish for all 150 people.

Yvonne Lipsham and her team were divided over three shifts for breakfast, lunch downstairs outside, and dinner. Nigel Hamilton stepped up and cooked two sacks of mussels.

Priest Hemi Ropata gave a scripture reading, short sermon and an opening prayer in English and Māori. The wāhine (women) players sang a waiata – Te Aroha – before the games began.

On Saturday night 12-year-old Tyrece Clarke performed the haka Tauranga ti Tahaa then the karakia prayer – Kia Hora te Marino – for food before dinner. Afterwards Ben and Marie ran karaoke for the many who decided to stay and socialise.

The club was also responsible for looking after guests and providing transport to get the qualifying teams to Te Atatu Bowling Club for the finals. This was only made possible by 36 great GEBC kaitiao (volunteers).

Manaakitanga = hospitality, kindness, generosity, support; the process of showing respect, generosity and care for others.



Anyone for tennis?

MANY people are unaware of the vibrant tennis club in Glen Eden.

The Routley family donated the land in 1928 to Glen Eden Borough Council, who gave it to the newly incorporated Glen Eden Tennis Club that same year. Routley family descendants attended the 90th celebrations in 2018.

The club runs senior interclub tennis teams who play in the Tennis Auckland competition, including Men's Presidents, Mid Week Ladies, Mixed Doubles, and Junior Interclub tennis teams.

They run singles tennis on Monday nights, doubles on Tuesday nights, junior tennis coached sessions on Wednesday afternoons in Terms 4 and 1, and fun tennis on Thursday evenings (open to members and casual players).

They have four turfed courts with floodlighting for winter evenings. There are three coaches; two are Tennis Auckland accredited.

It is "a small but friendly club" which welcomes new members – interclub or social – and casual players. Members are able to pay for a key and use the courts when no interclub teams are playing.

Contact the club at spingles63@gmail.com or ring Anne on 021 103 3786 or Raema on 021 208 0725.

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RSA



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See our Facebook page
for daily updates

ANZAC DAY, SUNDAY 25 APRIL

See page 1 for our schedule of events

Thursday Club Night
Happy Hour 5pm–6pm,
Jokers Wild, Monster
Raffles, members' draw.
Aussie Rules 8-ball
competition check-in
7.45pm – all welcome.

Fridays from 5pm
Happy Hour 4pm–6pm,
members' draw, sport
on big-screen TVs, spot
prizes, meat raffles.
Karaoke with Ben &
Marie, 8pm. Free entry.

Foothills Restaurant
Lunch: Thursday &
Friday 12pm–2pm.
Dinner: Wednesday–
Saturday 5pm–9pm.
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4pm.

Summer Sundays
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Music 3pm–6pm.
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Tickets for events are available at the bar beforehand or at the door on the night.
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1 Lemon Wedge
Lemon Peel

METHOD:
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Fill tumbler glass with ice.
Squeeze and drop in lime wedge, top with tonic water and the Garnish with lemon peel, enjoying the job over the drink.

Bombay Bramble

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INGREDIENTS:
3oz Bombay Bramble
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0.5oz Sugar Syrup
1 Lemon Wedge
1 Strawberry

METHOD:
Pour 3oz of Bombay Bramble into the tumbler with a lemon wedge.
Build in layers over crushed ice.
Garnish with lemon wedge and strawberry.

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How many times do the words 'Little India' appear in total in this issue of *The Voice*? Email your answer and name and address to villagevoiceeditor@yahoo.com by the 15th. You could win a \$50 voucher to dine in Little India Glen Eden. Congrats to February's winner, Kaine Henderson of Solar Road.



WHEELS OUT WEST

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