

## A unique fale for local school



**If you've driven or walked past Glen Eden Primary School recently you'll have noticed the breathtakingly beautiful fale in the grounds.**

Taking more than two years to plan and build, the fale is a collaboration between local Māori and Pacific communities. The end result is an impressive work of art that the students are excited to show off.

Sāmoan designer Lama Tone designed and built the fale; Cook Islands kai whakairo (master carver) David

Maruariki carved the pou; and Tongan artist Filipe Tohi used the traditional art of lalava to create the decorative lashings/bindings. Each lashing is unique and tells a story such as of the fishing nets or the stars.

The students and teachers at the school are loving the new space which can accommodate a whole class. It is also well used at lunchtimes for play and quiet time.

"It's a place for everybody to come together. It's a place for all peoples,

it's a place for us to take children to teach them so many things. It's about voyaging, it's about the narratives of the Pacific, it's a place of learning," says principal Donna Soljan.

"The fale is a storyteller, a custodian between the community and the school. It's an ancestor from Te Moananui a Kiwa, the Pacific Ocean."

The fale is also a gathering space for visitors. Locals are more than welcome to use the space for picnics and gatherings in the weekend.

**tael**

09 869 2200  
info@tael.co.nz  
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Unit 1, 66 Glenmall Place,  
Glen Eden

BUSINESS ADVISORS & CHARTERED ACCOUNTANTS



## Local Business Spotlight

# Tael

Business Advisors and Chartered Accountants

Tael is a Glen Eden based Chartered Accountant and Business Advisory firm, founded by Chartered Accountant Natasha McDowall. With a dedicated team of nine staff, all bringing their own experiences and strengths to the table. This small but coherent team offers a personal and proactive service focusing on helping their clients get more for their money in both tax compliance and working towards business goals.

Natasha is a true westie, born and bred in the area and a Prospect school attendee. She is actively involved in local organisations and charities. She comes from a strong background in business and not-for-profit management with extensive experience in the corporate world helping their businesses grow. The business started in her Oratia home over 12 years ago, and quickly grew needing to occupy its own premises.



It was temporarily based in Titirangi then approximately 5 years ago moved to Glen Eden Village.

Natasha is joined by a team of fellow westies, all who enjoy not having to commute into the city and being able to provide a first-class service to locals. As a team, they have a mission to deliver a quality service that is ethical, building lasting relationships to help clients personally develop.

They have a range of clients from rental owners, sole traders, companies, trusts, and charities, and get especially

warm and fuzzy when they have locals referring locals. Ultimately, Tael believes in reducing their clients' stress levels and ensuring they have a friendly face to talk to, even if they are talking about tax!

# tael

Unit 1, 66 Glenmall Place, Glen Eden  
info@tael.co.nz | 09-869 2200  
www.tael.co.nz

## Drycleaning win for local business



**When Orlando Lobo and family took over Glen Eden Dry Cleaners in 2021 they aimed to take the business to the next level.**

Coming from a sports background, the owners used this to their advantage and recently won contracts with two of the world's top teams - the All Blacks Rugby team and the USA women's soccer team when were in New Zealand to participate in the FIFA world cup. Indeed, a privilege and honour to have these two reputed teams have their official attire dry cleaned in Glen Eden Drycleaners.

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[www.organicsoutwest.co.nz](http://www.organicsoutwest.co.nz)

# Nigel Celebrates 40 Years in Glen Eden

Many Glen Eden locals will recognise Nigel Somerville Optometrist/Owner of Visique Glen Eden Optometrist.

This year marks the 40th year that he has been serving the Glen Eden community. In 1979 Margaret Raby opened the practice and in 1983 fresh from Optometry school Nigel became a member of the Glen Eden community and since then has seen over 20,000 patients.

Over the last forty years, Nigel has helped many budding Optometrists on their journey while they were studying and touched the lives of so many, be it with clear vision or diagnosing conditions. People come from near and far to receive his top notch eye care with one patient even coming from Norway!

Nigel dedicates time as a committee member for the Glen Eden Business Association and has supported a number of local organisations and events. He is a truly caring individual who puts people and family first and because celebrating birthdays is his favourite thing he takes his team out for lunch on their birthdays at our fabulous local La Rosa.

He is a wonderful father to his two children and grandpop to the number of grandchildren he and his partner have. Always quick with a joke and a chat about travel and all sports, soccer in particular, Nigel is a true gem in the Glen Eden community.

## Business Association Update

As part of our commitment to keeping Glen Eden clean and tidy, the Glen Eden Business Association is planning a spring clean-up, initially focussed in and around Glenmall Place.

We are looking to involve a number of local community groups on this one-day event so if you want to be part of this event, please let us know by emailing [info@glenedenvillage.co.nz](mailto:info@glenedenvillage.co.nz).

Congratulations to Nigel Somerville of Visique Glen Eden Optometrist on achieving 40 years of business in Glen Eden – that is quite an achievement in this day and age, and we really value that Nigel adds to our committee as treasurer.

Don't forget to like and follow our Facebook page [facebook.com/Glen.Eden.Village](https://facebook.com/Glen.Eden.Village) to keep up with all the news and happenings in the Village.

Gary Holmes, BID Manager



## Skinny Jump Internet Access

**No internet access at home? Unable to commit to an internet plan due to cost?**

You might qualify for Skinny JUMP, an affordable pre-paid broadband solution for you. Come to Glen Eden Library for more information and to see if your address has coverage.

## JP Services at the CAB

**There is a JP at the Glen Eden Citizens Advice Bureau every weekday morning from 10am-12pm. No appointments are necessary – first come, first served. Please be patient if you need to wait.**

**What a JP can do:**

- Witness signatures on documents
- Certify copies of documents (including email attachments and phone messages)
- Take oaths, declarations, affidavits, or affirmations
- Confirm identity

It is important that you do not sign any of your document(s) before you

visit a JP. You should complete all other details required. However, if the document needs to be witnessed, declared, or sworn the Justice of the Peace must complete what is required and must personally see you sign it.

If you require certified copies of a document e.g., your driver's licence or passport, you must produce the original and a photocopy of the document to be certified. The CAB volunteers can make copies for you if needed at a cost of 20c per page.

All JP services are free to the public. To find a local JP or a service desk, go online and search at [www.jp.org.nz](http://www.jp.org.nz)

## JUSTICE OF THE PEACE SERVICES at the Citizens Advice Bureau

### MONDAY TO FRIDAY

|           |                             |
|-----------|-----------------------------|
| Henderson | 10am - 12 noon              |
| Glen Eden | 10am - 12 noon              |
| Avondale  | 10am - 12 noon (except Tue) |
| New Lynn  | 1pm - 3pm                   |
| Massey    | 1pm - 3pm                   |

### SATURDAY

|          |                   |
|----------|-------------------|
| New Lynn | 10.30am - 12.30pm |
|----------|-------------------|

JP Services also available at:

|                          |                               |
|--------------------------|-------------------------------|
| New Lynn Mall            | Friday 6pm-8pm                |
| West City Mall           | Thursday 6pm-8pm              |
| Henderson                | Saturday 10am-12 noon         |
| Waitakere District Court | Monday to Friday 10am-12 noon |
| Henderson                |                               |

To find a JP in your area: [www.jp.org.nz](http://www.jp.org.nz)

# Glen Eden Library Programmes

## Regular Children's Programmes



**Wriggle & Rhyme:** Wednesday  
11 October, 11.00am – 11.30am  
(Every fortnight during school term)

**Rhymetime:** Thursday 12 October,  
10.30am – 11.00am  
(Every fortnight during school term)

**Lego Club:** Tuesdays 3.30pm –  
5.00pm, during the school term

**Crafternoon:** Friday 20 October,  
3 November and 17 November  
Fun craft activities, appropriate for  
ages 5-14. Follow Glen Eden Library's  
Facebook page for more details.

## School Holiday Events

**Finding and Making Treasure:**  
Monday 2 October, 10.30am

Discover the wonders of nature tucked away within the library's treasures! Join us to collect and create new treasures together, nurturing and then returning them to nature's embrace. Local author Emma Hinton reading from her new bilingual picture book *Finding Grace | Kimihia a Grace*. Appropriate for children aged 3-7 years. All are welcome. No booking needed.

**Pirate's Treasure Hunt:**  
Wednesday 4 October, 11.00am

Join us for a fun pirate treasure hunt! Ages 5+, no booking needed.

**Movie and Craft:**  
Friday 6 October, 2.00pm

Come and watch a movie with your whānau and friends and make a fun craft! All ages are welcome.

## Regular Adult's Programmes

**Shared Reading Group: Friday 20 October 10.00am – 11.30am** (3rd Friday of the month)

**Book Chat: Wednesday 4 October and 1 November, 10.30am – 11.30am** (1st Wednesday of the month)

**Sew Happy – Community Sewing Bee: Tuesdays 12pm – 2pm and selected Saturdays.**

Join our weekly sewing bee, held in the library's meeting room. It's free and all materials are provided. Let our lovely tutor Ann show you how to tell your stories in stitches. Email Ann for more information ([aki.poulsen@gmail.com](mailto:aki.poulsen@gmail.com)) or just turn up on the day!

**Job Café: Tuesdays 12.30pm – 2.30pm**, during the school term.

Support and advice with: Preparing a CV, Career Guidance, Job Search, Online Job applications and Cover letters.

## Smoking and Eye Problems

Smoking is one of those lifestyle habits that is entirely harmful to our health. There are no grey areas, no hypotheses, and no conflicting theories about the effect of smoking on human body in general. All of the scientific evidence available proves that smoking is disastrous for health. While smoking has a direct and very evident impact on the respiratory and cardiovascular systems, it doesn't spare other body functions including the ones eyes.

Macula (part of retina responsible for seeing visuals with sharp contrast) malfunctions in a condition called age-related macular degeneration (AMD). Smoking blocks the flow of blood to retina, and thereby promotes AMD. Several studies have suggested that smokers have three times higher incidence of AMD compared to non-smokers. The risk of AMD due to smoking is further enhanced during old age (up to five times higher compared to non-smokers).

Cataracts (progressive increase in the opacity of the lenses) cause blurred vision, and eventually necessitate a surgery to

replace the lens with an artificial one. While cataract is almost inevitable during old age in majority of the countries throughout the world, its chances and rate of progression increase drastically due to smoking. Smokers are at a double risk of developing cataracts compared to non-smokers.

Smoking as such has adverse impact on diabetes. It increases the risk of diabetes, and diabetes-related complications including diabetic retinopathy. The causal relationship between smoking and aggravation of diabetic retinopathy has been shown across several studies. Smoking can almost double the risk of diabetic complications.

In addition Smoking also has a well-established link with blood pressure, and hence a high predisposition to glaucoma. It can damage the blood vessels in retina and create oxidative stress in retinal membrane. Additionally, smoking is also linked to a high risk of developing thyroid eye disease.

I hope this helps as an incentive to stop.



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## Do you want to Connect with Local Business People?

The supportive, fun, and friendly Glen Eden *Business over Breakfast* group meets fortnightly at the RSA.

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# Sweeney Todd is here

Playhouse Theatre Inc. is thrilled to present the deliciously dark tale of **Sweeney Todd: The Demon Barber of Fleet Street**, to be performed at the historic **Glen Eden Playhouse Theatre** this October.

*There once was a barber who had it all; a happy life, a beautiful wife – until it all ended in bitter strife.*

After 15 years in exile, Sweeney Todd, a dangerous man with a mysterious past, arrives back in dark and gritty London hungry for vengeance against the judge who destroyed his life. Joined by Mrs. Lovett, the devious proprietress of the failing pie shop downstairs, the two concoct a spine-tingling plot to exact revenge, with Todd's thirst for blood supplying a new, delicious ingredient for the meat pies served to their unsuspecting customers.

The driving creative force behind the show is the team of Charlotte Curry and Jacob Harris as Directors, Olivia Morrison as Choreographer and Kerry Priestley as Musical Director.



Michael Potts delivers stunning vocals and presence in the title role of the tragic Sweeney Todd, with the deliciously villainous Merrin Cavel as his partner in crime Mrs Lovett. Patrick Cunneen and Michaela Ralph-Smith offer cleverly nuanced performances as the young lovers Anthony and Johanna. Gavin Wells, Renee Maurice, Lim Wilkinson and Imogen King perform as the fantastically talented alternates in these roles in select performances during the season.

Sweeney Todd: The Demon Barber of Fleet Street is a powerful, tragic tale of love, murder, and retribution set against a backdrop of 19th Century London.

When the lights go down and the curtain goes up, you won't dare look away.

*Content Advisory: Sweeney Todd: The Demon Barber of Fleet Street contains mature themes and imagery which are not suitable for young children. Recommended for ages 14+ years.*

What: The Tael Solutions Ltd season of Sweeney Todd: The Demon Barber of Fleet Street.

Where: The Playhouse Theatre, Glen Eden | When: 14th - 28th of October

Book at [Eventfinda](https://www.eventfinda.co.nz) or [www.playhousetheatreinc.com](http://www.playhousetheatreinc.com)

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# RSA



## WHAT'S ON AT GLEN EDEN RSA

8Ball Fundraiser "MINTAH Band" - Saturday 14th October

Kumeu Brass Band Free Concert - Sunday 26th November

Kids Christmas Party - Saturday 2nd December - Register by 18/11/23

Thursday Nights "Believe it or not quiz" + Pool Competition

Friday Nights Karaoke with Ben and Marie

**Billy's Restaurant:**

Lunch Fridays 12-2pm, Dinner Thursdays - Sundays from 5.30pm

9 Glendale Road · 09-818 4219 · [www.glenedenrsa.co.nz](http://www.glenedenrsa.co.nz)

See Facebook for updates and weekly entertainment

NEW MEMBERS  
WELCOME

# Helping Seniors Make New Friends

**Making friends as you age is difficult. No one is prepared for what presents itself in aging. Suddenly friends and family pass and you find you are becoming lonely and/or isolated preferring not to socialise. Confidence is lost, mobility is more difficult and soon the idea of socialising just makes you anxious.**

There are many senior groups for social active people. However, for some the thought of going out to socialise becomes overwhelming. Communicare is a charity that runs friendship groups in Auckland.

Glen Eden is a new group and was established after calls were made by the community asking for a group. An open day was arranged to gauge the need and soon Communicare opened

a group at Glen Eden Recreation and Community Centre.

Every Tuesday the coordinator Rebecca and her team of volunteers ensures that the needs of members are met allowing everyone to experience something new. Activities are designed to build confidence, cognitive skills and exercises are for all abilities.

All coordinators at Communicare's 17 Auckland centres are supported to provide a wrap around service, having Advocacy available. Sometimes members just want to sit quietly and do their own activities. They like to hear the activities but are happy to sit have a cuppa chat and watch. No pressure is on members to participate. With outings arranged for summer our members will enjoy a long awaited summer of fun.



**If you are feeling lonely call Communicare even if it's just for a chat. Phone 09 631 5968.**

## Summer Athletics

**Are you or your children keen to take part in athletics this summer? Come along and try jumping and throwing events plus running: sprints and longer track distances.**

Athletics will start in late October at Ceramco Park and those aged 5 to 14 years compete on Tuesday evenings from 5.15pm. On Wednesdays from 6.00pm, there is athletics for those 15 years to 80 plus!

We cater for all abilities and encourage everyone to have a go. Coaching is

available if required and there are plenty of outside events at other clubs and at regular and national level.

We need helpers for the Children's Club: are there teens, parents or perhaps former athletes who can help?

For more information, phone Neil on 817 6230 or visit the Club website: [glenedenrunners.org.nz](http://glenedenrunners.org.nz).

Junior harrier running (for 7 years and up) continues, please see the Facebook page: Glen Eden Kids Running

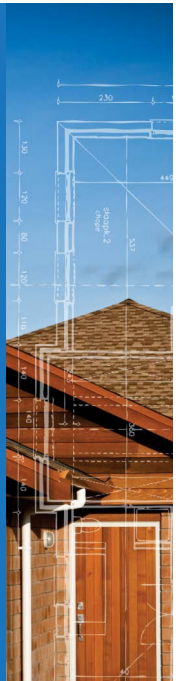
Are you a local person with an interesting story to tell? Email [gevillagevoice@gmail.com](mailto:gevillagevoice@gmail.com)

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# Little penguins boxed in love out west

**Little penguins/Kororā in Piha are being given every chance of thriving on the iconic west coast beach thanks to the combined conservation efforts of the Piha community and Auckland Council.**

Twenty roost/nest boxes have been installed along North Piha beach area in the hope that this taonga (treasure) may find a place to safely roost and potentially breed in.

The boxes, paid through the Natural Environment Targeted Rate, were painted by the Piha Community Pre-school before being installed, and Council's Regional Parks team assisted in transporting the boxes along the beach to their designated sites.

While the national population of little penguins is declining, they appear to be gradually recovering along some areas of Auckland's west coast. This encouraging trend was noticed by the Piha

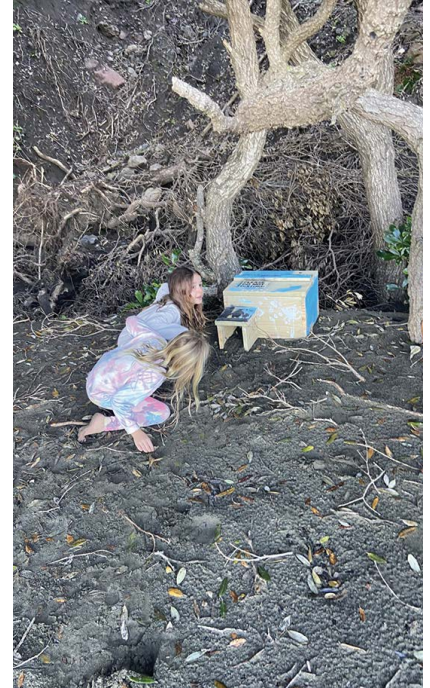
NZ Dotterel Minders and Council environmental contractors, who have observed more penguin signs including footprints, while conducting pest control and other conservation related activities there for NZ Dotterels.

Waitākere Ward Councillor Shane Henderson says, "I'm pleased to see more penguin activity in our neighbourhood and this is a reminder that we need to better protect them from predators.

"We're proud to support this community-driven project with more and more people coming on board."

Little penguin, the world's smallest penguin species, measures just over 25cm in height and weighs about 1kg.

This project was a collaboration between Auckland Council, Forest and Bird, Piha NZ Dotterel Minders and Piha Community Preschool.



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5 CLARK STREET, NEW LYNN

# Sustinnoworx Celebrates Successful Social Enterprise Store Launch in Glen Eden



## Glen Eden recently welcomed Sustinnoworx to the community.

Sustinnoworx is a women-led non-profit organisation and eco-friendly store for pre-loved and upcycled items & textiles. It launched its Glen Eden store last week Thursday at 141 West Coast Road. The event, attended by local community members and supporters, marked a significant milestone for the non-profit organisation.

Attendees gathered to celebrate the opening and Sustinnoworx's dedication to promoting sustainability, upcycling, and women's empowerment.

The event kicked off with welcome talks from Farida Sultana, founder of Shakti, and SETAC under which Sustinnoworx is a venture of, and from

its supporters and funders, including a speech from Sheralynn Tonu'u, Senior MP Support to Hon Carmel Sepuloni, Electorate Office of the Deputy Prime Minister.

Sustinnoworx's unique approach to raising awareness captured the community's attention, resonating with those passionate about environmental preservation, textile waste and social progress. The launch showcased a range of upcycled clothing and products, underscoring the brand's commitment to reducing waste and supporting women in need.

"Climate change has gone into crisis. As a society we cannot ignore the contribution that clothing landfills make to climate change. Fast fashion is no longer viable — it's not only the climate that is affected but it

also contributes to the exploitation of women in the garments factories overseas who are underpaid and overworked.", says Farida.

With every dollar spent at Sustinnoworx, the organisation further solidifies its mission to empower women and advocate for positive change. The space launch event not only showcased the brand's commitment but also provided a platform for like-minded individuals to connect and inspire each other.

The success of the Glen Eden store launch reinforces Sustinnoworx's impact and its potential to drive change in the local context. As Sustinnoworx opens its doors to the Glen Eden community, it invites the everyone to join hands in building a greener, more equitable future.



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The Glen Eden Village Voice newsletter is published by Boldly Design in conjunction with the Glen Eden Business Association.

**Advertising/Editorial Enquiries: [gevillagevoice@gmail.com](mailto:gevillagevoice@gmail.com)**

If you know of any local organisation, sports group, club or person doing wonderful things, have an event to promote, or information to share with the Glen Eden and surrounding communities please let us know.