



VILLAGE

VOICE

ISSUE 74 JULY 2020 · DISTRIBUTED FREE TO HOMES & SHOPS · LIVING, WORKING & SHOPPING IN GLEN EDEN

Xero for no stress business

Liz 029 813 3209
xero@smartdesk.co.nz



Gayle Marshall recognised for services to community



Gayle as Mrs Claus in the 2017 Santa Parade, a role she has played many times.

GLEN EDEN resident Gayle Marshall was awarded the Queen's Service Medal (QSM) in the 2020 Queen's Birthday Honours.

She received congratulatory letters from Prime Minister Jacinda Ardern and Governor-General Patsy Reddy.

Gayle has devoted decades of mostly voluntary service to a raft of mainly West Auckland organisations.

For 20 years, Gayle's most visible contribution to Glen Eden has been Glen Eden Protection Society's Santa Parade. Regrettably it was not held in 2019 due to a lack of volunteers,

which serves to highlight the vital role community-minded people like Gayle play in our society.

Other organisations she was or is involved with include Citizens Advice Bureau, Friends of Waikumete, Glen Eden Community House, Parent Aid Waitākere and Whau Adult & Community Education Centre.

In 2017 she and Barbara Harvey compiled the book *Whispers the Wind: Soldiers at Peace in Waikumete Cemetery*.

An investiture ceremony for those honoured will be held in due course.

Visique scores a hat trick!



NIGEL SOMERVILLE and the team at Glen Eden Optometrist are proud of the great service they offer. They are part of the Visique chain, which for the third year running has won the coveted Canstar Blue Most Satisfied Customers award in the Optometry section.

Canstar Blue surveyed more than a thousand New Zealanders who had used a national chain of optometrists and got them to rate their satisfaction over seven categories: after-sales service, customer service, range of eyewear, service and advice, store accessibility, value for money, overall satisfaction. Visique came top...again. It pays to shop local for your specs!

Glen Eden Village Voice is eight years old! Enjoy our retrospective on page 7.



BARFOOT & THOMPSON
LICENSED REAAS 2008

Your property fix. Nice and strong.

To view our latest properties, visit barfoot.co.nz/propertylive





we are now in the amazing position where we are almost back to normal. Our local businesses need our help to get back on track. I have been supporting a sushi bar in Glenmall Place and just love the food they make! I am also due for a hair cut in the next few days!

messages and flowers at Henderson Police Station are just beautiful. From Waitemata Police, thank you.



On the Beat...

with Constable Rob Manson
LOCKDOWN was hard on everyone and being told to stay home to be safe was a very surreal feeling.

You all did a great job keeping safe and staying home during lockdown alert level four and because of that

Over the past couple of weeks I have felt the spirit of the community come back. I love seeing the carpark full and lots of the community out and about supporting the businesses in Glen Eden.

Finally I would like to thank the community for your amazing support over the tragic loss of Constable Matthew Hunt. The



Hon Carmel Sepuloni



MP for Kelston

Kelston electorate office

200C West Coast Rd,
Glen Eden, Auckland

09 818 4131

kelston.eo@parliament.govt.nz

/CarmelSepuloniLabour



Authorised by Carmel Sepuloni,
Parliament Buildings, Wellington

Trophy Key & Cobble



Shoe and Bag Repairs

Key Cutting & Engraving

Wide Range of Trophies & Medals

Silverware, Tankards & Hip Flasks

Padlocks & Shoe Care Products

21st Keys & Yard Glasses



238 West Coast Rd, Glen Eden

Ph: (09) 818-9124

Email: sales@trophykeycobble.co.nz

BUY IN JULY



MAKE A PURCHASE IN GLEN EDEN VILLAGE
DURING THE MONTH OF JULY AND
GO IN THE DRAW TO
WIN A HAMPER FULL OF GOODIES
DONATED BY LOCAL BUSINESSES



PRESLAND AND CO LTD

BARRISTERS & SOLICITORS

— EST 1989 —

PRESLAND AND CO PROVIDE A VARIETY OF LEGAL
SERVICES INCLUDING CONVEYANCING, FAMILY LAW,
CRIMINAL LAW, WILLS & ESTATES.

09 818 1071
MYLAWYER.CO.NZ



School holidays, Matariki and other fun activities

In our library...

Lego Masters Online

Starts Monday 6 July
Check the library's Facebook page each morning for your daily Lego challenge. Email a photo of your creation to Lynley.walker@aucklandcouncil.govt.nz for display in the library.

Cityscape Papercraft!

Monday 6 July, 10.30am–11.30am
Create a 3D city out of paper.
Booking essential: 09 892 4943.

Minute to Win It Challenge

Thursday 9 July, 10.30am – 11.30am
Join in this fun game to see if you can beat your friends against the stopwatch.
Booking essential: 09 892 4943.

Science with Robert

Tuesday 14 July, 2pm–3pm
Build a Tardis where space and time are distorted! Booking essential: 09 892 4943.

Kahoot's Quiz online

Wednesday 15 July
Challenge your friends and family with a fun quiz on the library's Facebook page.

Aboriginal Art

Thursday 16 July, 2pm–3pm



Create a beautiful artwork using the traditional Aboriginal technique of painting with dots.
Booking essential: 09 892 4943.

Lego Club Challenge

Saturday 18 July, 2pm–4pm
Choose a challenge and build a cool Lego creation.

Matariki Tales for Tamariki

Wednesday 8 July 10.30am–11am
Celebrate Matariki in songs and stories.

Rhyme Time will resume after the school holiday on Thursday 23 July at 10.30am and **Wriggle and Rhyme** on Friday 24 July at 11am.

Book Chat

First Wednesday of each month 10.30am–11.30am. Come and share what you've been reading.

Job Cafe

Every Wednesday (except school holidays) 1pm–3pm Whau Ace Adult and Community Education offer free drop-in sessions helping you to:

- Prepare a CV
- Search for a job
- Apply online for jobs
- Write a cover letter



Ahi Kaa

Tuesday 14 July, 10am–2pm
Outside the library

Ahi Kaa is the concept of keeping the home fires burning as well as celebrating the strength of family and community. Matariki season provides an opportunity for people to come together during the colder months, helping to create a sense of tūrangawaewae (belonging) and kotahitanga (togetherness). Write your message to a loved one or send your wish for the future to Hiwa i te rangi, the wishing star. Your message/wish will be transformed into nourishment for a native planting for the local community. Learn the Waiata Maumahara composed by students (pictured) of Te Wharekura o Hoani Waititi – the lyrics are on the Waiata Maumahara event page and you can watch the video on Facebook. Join

in the singing. Supported by Waitākere Ranges Local Board.



Adults

Flexible direct debit membership \$15.99 weekly.
12-month membership \$649 per year.*

Students & Seniors

Flexible direct debit membership \$12.49 weekly.
12-month membership \$479 per year.*

Join now: www.fitfactory.co.nz or email steven@fitfactory.co.nz

*One-off \$20 key tag fee applies for all memberships

Awesome equipment,
great vibes
and good humans



24 HOUR GYM

Grow My Kai will help West Auckland families



THOUSANDS of vegetable seedlings are going to West Auckland families in an effort to tackle issues of local food security and resilience.

Grow My Kai sees EcoMatters Environment Trust supplying the gardening expertise while VisionWest Community Trust and Family Action help get the seedlings to households their support.

“When restrictions to prevent the

spread of COVID-19 came in, it really highlighted for us the barriers our community faces in getting local, fresh food,” says EcoMatters CEO Damon Birchfield.

“We’ve got years of experience growing and raising plants, so we got stuck in, raising thousands of vegetable seedlings as a practical first step to reducing inequality in food access.”

The emphasis is on making it simple for people to grow and harvest their own leafy green vegetables, with plants including pak choi, silver beet, spinach, lettuce and more in one big bucket.

These leafy greens were chosen because leaves can be cut off to eat, while the plant keeps growing. It’s also fine to leave them in the large

pots they come in. Grow My Kai seedlings are being given to families in need who receive emergency food parcels through partner organisations.

“Fresh vegetables are one of the critical items to include in food parcels as they provide essential nutrition to families,” says Lisa Woolley, VisionWest’s CEO.

Vegetable seedlings can also be purchased from EcoMatters, with proceeds going to help more West Auckland families grow their own kai. Financial donations or unwanted plant pots, seeds or seedlings are welcomed to help continue this initiative. Visit ecomatters.org.nz/grow-my-kai to find out more.

**"WHY
GO TO NEW LYNN
OR TO HENDERSON
WHEN YOU GET IT AT
YOUR DOOR STEPS"**

**"STATIONERY, BOOKS
ART AND CRAFTS SUPPLIES"**

"INK CARTRIDGES"

**"SCANNING
COPYING/PRINTING"**

GLEN EDEN

Post, Books, Stationery

PostShop

ONE STOP SHOP

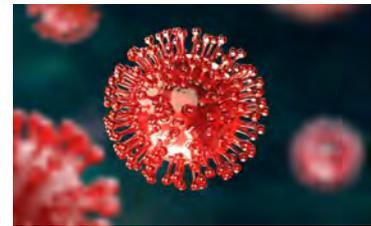
PO Box 20250, Glen Eden, 4/20 Oates Rd, Glen Eden
Ph: 09 8133448 glenedenpostandbooks@gmail.com

Win a \$50 voucher!

How many times do the words 'Little India' appear in total in this issue of *The Voice*? Email your answer and name and address to villagevoiceeditor@yahoo.com by the 15th. You could win a \$50 voucher to dine in Little India Glen Eden. Congratulations to our June winner, Rakesh Kumar Sah.



Covid-19 and the eyes



The evidence of eye transmission of Covid-19 into a person has not been well studied.

However, mucus membranes, which line many body cavities and organs including the respiratory tract, are most susceptible to the novel coronavirus and viruses in general.

The surface of the eye and inner eyelids are also lined by mucus membranes called the conjunctiva.

Therefore, if infected droplets land in your eye, you are possibly susceptible to the infection but there is speculation if this has actually happened.

Covid-19 will not affect your

vision but has been linked to conjunctivitis in some cases, so if you have conjunctivitis you should be screened for Covid-19.

If you are a contact lenses wearer hand hygiene is essential and if there is an outbreak in your area you may want to consider switching to glasses to avoid touching your eyes.

Finally on a personal note, I just wish to thank all those who sent in condolences on the passing of my much-loved mum. – Nigel



**GLEN EDEN
OPTOMETRIST**

16 Glenmall Place (09) 818 4452 reception@glenedenoptometrist.co.nz

How do you build a business online?

ONE of the companies tucked away in that delightful timber office suite in Waikumete Road is Automation Central, which helps businesses achieve greater success with their online marketing.

They aim to increase the number of leads a company gets through its web presence, then convert those leads into repeat customers.

Director Matt Jull learned about such matters as manager of an events and marketing company that built a huge database of customers.

Then in 2013, at a consultancy he co-owns called My Business People, his team sought to ramp up their marketing and systemise the business. Matt came across Ontraport, a powerful, all-in-one CRM (customer relationship management) system.

Using Ontraport at My Business People successfully, their customers started asking Matt to build sales funnels and marketing systems for their own companies.

Matt founded Automation Central and became an Ontraport Consultant.

He enjoys working near home: "We used to be in Penrose but the travel just wasn't worth it. Moving to Glen Eden was an opportunity I jumped at. Now I enjoy a 3-minute drive to and from work. The team are close by

MEET THE LOCALS



too so it's a win-win for all of us."

On the pandemic, he says: "We've managed okay. There was a downturn with local clients but our international clients ramped up a bit and got us through. Our first priority was ensuring our team were in a safe environment and while working from home wasn't highly productive it did give us a chance to look at our systems and rewrite some of our procedures. Now we're at the other side of lockdown, it's great to be back together again at the office enjoying the team environment."

He is optimistic about Glen Eden. "My office is right next door to the new apartment block. It's been a bit chaotic during construction but I'm looking forward to seeing the new residents move in which I think will add new life to the township and have a positive up-spin for local businesses."

Born and raised in Titirangi, Matt lives in Konini. He loves his family time. Having five kids between the ages of 10 and 21 keeps him busy. They enjoy eating out at the local restaurants and cafes. He has a reno project on the go currently. "The kids are earning their keep by helping out!"

What creeps like a spider, climbs like a monkey, digs like a bunny, and hops like a frog?

MY CRAZY CAT!

A fun read-aloud picture book for ages 3-8 years from a local children's book author. Every book comes with a free downloadable videobook!

Available at Glen Eden Post Books & Stationery or

email: cmramosbooks@gmail.com

Free shipping within Glen Eden!



Trouble with your drains?

We're here to help with CCTV and hydro jet. As well as unblocking and repairs, we tackle drain laying, plotting, inspections and new builds. We are Glen Eden locals serving the local community.

DRAIN Ranger
The Drainage Trouble Shooters

Kelly Horan
021 709 783
hello@drainranger.co.nz
drainranger.co.nz

Housie!

All Welcome
Tuesday evenings
6.00pm - 8.00pm
July and August

25A Glendale Road
027 418 1397
gebci922@gmail.com

Ask us about hall hire

Glen Eden PHARMACY

- Prescriptions
- Medicines
- Natural Health
- Skin Care
- First Aid

Ph (09) 818 5242
E info@glenedenpharmacy.nz
www.glenedenpharmacy.nz
226 West Coast Road, Glen Eden
(near train pedestrian crossing)

How to create storage space



YOU'VE found the right home at a price you can afford but need extra storage space, write Alan Hyslop and Robyn Rule from Barfoot & Thompson Glen Eden. What do you do? Here are three great ideas – useful in a house and invaluable in an apartment!

Invest in dual-purpose furniture. It can be as simple as a coffee table with drawers under it, a bookshelf that doubles as a desk, or a couch that is a sofa bed. It's a matter of buying smarter, not more. Rather than building a walk-in wardrobe, have a bed with storage under it.

Get smart about storage. Even after decluttering, there are items you cannot throw away and which must be stored where you can find them easily: car keys, TV remotes, phone chargers, electronic gadgets, children's toys. Cube storage systems and wooden boxes or chests are good for these, and they add texture and style to your décor.

Keep your rooms versatile. Flexibility within the home is vital to create space for visitors to sleep, make space for a home office (that could be important with more of us working from home), or have a miniature home gym.

May statistics for Glen Eden
There were 32 sales (good but fewer than normal due to Covid-19); six were \$1m+.
Average: \$798,000. Highest: \$1,260,000.

Help our planet



IT ISN'T EASY but see how many days in July you can avoid accumulating single-use plastic while shopping.

Welcoming our new neighbours



THE Westlight apartments are nearing completion, and a group of friendly neighbours are preparing to welcome the newcomers into the community. 'Haere Mai & Welcome' is a creative initiative that provides new residents with a range of information that will help them settle in Glen Eden.

"The apartments will add many more people to Glen Eden, and we want to give them a warm welcome and provide some local insider knowledge about the area," says Jade Tang-Taylor, the community catalyst. "We believe it's important to support newcomers to find their feet here."

The initiative involves creating a

welcome goody bag for each resident, with a guide map containing info about the local community, plus special offers supplied by local businesses. Soon, an online hub will be launching with more information about the neighbourhood, stories about locals, and links to the many Glen Eden community groups, clubs and facilities.

"We're always on the lookout for more locals to help contribute and assemble the bags. The more people we can get involved, the better," says Jade.

Anyone who wants to join in can visit www.welcomeneighbours.nz and whoever does get involved is assured of a fun and positive experience. They've even created this lovely logo for the project.



Dealing with crises in difficult times

This is an interesting time to be an elected representative.

This year the world has experienced the Covid-19 pandemic devastate country after country.

Here in New Zealand we have been very fortunate. The Government's decision to go early and go hard and the combined efforts of five million Kiwis has meant that we have achieved the extraordinary result of having eliminated the disease from our community, at least for now.

We have a stringent border quarantine system that is picking up cases as Kiwis return and apart from one well publicised case appears to be holding the line.

But our economy, which has been so reliant on international tourism and trade, is taking a battering. Auckland Council's emergency budget consultation is showing what an effect it is having on local finances.

There is another even more extreme crisis on our horizon: climate change.

One predicted effect is that there will be more random rainfall patterns and clearly this is happening. This year has been remarkably dry. To date the total rainfall has been about two thirds of average.

Even with recent rainfall, the dams are just over half full when normally they are nearly 80% full.

If this continues we could have a rough summer, which is why steps taken now to preserve water are so important.

We have to change the way we deal with water. Instead on relying on big engineering solutions we need to reconsider how we build and renovate our homes. Rather than draining it straight into the sea we need to preserve and recycle.

Some water preservation systems may qualify for a Council retrofit on your home loan. I believe that council needs to go further; it should be compulsory for all new buildings to have water preservation systems installed.

Please go easy on your water use. And we need to discuss how we are going to change our city to make sure that it is resilient and sustainable in the future.



Greg Presland
Co-chair

Waitākere Ranges
Local Board
Auckland Council



A look back at *The Voice* over the past 8 years...



I can hardly believe it has been exactly eight years since we produced our first issue of Glen Eden Village Voice. Early in 2012, I was buying cat food from Pet Shop Boyz. Ian, the owner, was chairman of the local business association. We swapped stories, as one does with local shopkeepers. Learning I am a writer, he expressed his wish to launch a newsletter to promote Glen Eden. I said I would need a designer to lay it out. 'You can do that too!' he said.

So I did, painfully at first, then with added confidence. In our pages, we have featured most of the new businesses as they opened, politicians both local and national (especially when they promised to help Glen Eden!), but most of all it's been about the lovely local people, most of whom are still with us, a few of whom have sadly passed on.

I thank everyone who continues to make this publication possible. The Business Association that subsidises it. The helpful Glen Eden Village Managers, first Gayle Marshall and latterly Jennifer Conlon. The advertisers who support it. The Community Constables and others who give me news. The residents who look out for *The Voice* in their letterboxes. The Scouts who earn funds for their group distributing it; Glen Eden United Soccer Club who did it before them. Our great printers, Westprint. I thank every one of you. Nga mihi nui. – David Blocksidge, Editor



GO TO SHOP.THETRUSTS.CO.NZ
AND SELECT YOUR CLOSEST STORE



FULL RANGE
AVAILABLE



SOMEONE 18 OR OVER MUST BE HOME
TO RECEIVE YOUR DELIVERY



DELIVERY + CLICK & COLLECT
AVAILABLE 7 DAYS



FREE DELIVERY WHEN
YOU SPEND OVER \$100



ORDER BEFORE 10AM
FOR SAME DAY DELIVERY

FOR MORE INFORMATION PLEASE VISIT SHOP.THETRUSTS.CO.NZ

RSA



Glen Eden RSA
9 Glendale Road
Tel: 818 4219

www.glenedenrsa.co.nz
See our Facebook page
for daily updates

Saturday 25 July: Disco Dance Night. 15 August: 'Woodstock Festival' Theme Night with live music by Kara Gordon & Friends.

Thursday Club Night

Happy Hour 5pm-6pm,
Jokers Wild, Monster Raffles,
members' attendance draw.
Aussie rules 8-ball comp.
7.45pm check-in - all
welcome.

Fridays from 5pm

Happy Hour 4pm-6pm,
members' attendance draw,
sport on big-screen TVs, spot
prizes, meat raffles. Karaoke
with Ben & Marie at 8pm.
Free entry.

The Foothills Restaurant

Lunch: Thursday & Friday
12pm-2pm.
Dinner: Thursday, Friday
& Saturday 5pm-9pm.

Not a member? Provisional membership lets you 'try before you buy'.
New member special: \$20 until end 2020. Lounge available for functions.

Express cutting
and colouring
by the experts



PARIS ANGEL HAIR

26 Glenmall Place • Mon-Sat 9am-6pm
09 818 8337 • 021 085 972 01
No appointment needed • Walk-ins welcome

Serving the community
for half a century

GLEN EDEN'S ONLY DRY CLEANERS

Glen Eden Drycleaners, 274 West
Coast Road. Tel: 09 818 8993.
www.glenedendrycleaners.co.nz
www.facebook.com/GlenEdenDryCleaners

For Ladies Only

*Threading, eyebrows
waxing, tinting, facials
eyelash extensions
hot stone massage
full body massage*

Hina's Beauty Care

236 West Coast Road 09 813 0269

Sudan Hairdressing



You know you'll walk out revived

Sudan Hairdressing is more than a great hair salon. There's good coffee and a welcoming atmosphere. Hip magazines. Cool music. Exhibitions by artists. Intelligent conversation. And as Schwarzkopf colour experts, we will create that special look for you, with colour placement and colour home care to maintain a healthy, shiny finish.

190 West Coast Road, Glen Eden ☎ 818 3117 sudanhair.co.nz

little India®



P +64 9 818 2526

Glen Eden - 142 West Coast Road,
Auckland, New Zealand



www.littleindia.co.nz

ADVERTISING/EDITORIAL ENQUIRIES: EMAIL: DAVIDBLOCKSIDGE@YAHOO.COM • TEL: 021 054 8443
THE VOICE IS OWNED BY PARAU PUBLISHING LTD AND PRODUCED FOR GLEN EDEN BUSINESS ASSOCIATION
CONTENTS © PARAU PUBLISHING LTD • "GLEN EDEN VILLAGE VOICE" IS A REGISTERED TRADEMARK OF PARAU PUBLISHING LTD
FOR BUSINESS ASSOCIATION ENQUIRIES, EMAIL JENNIFER CONLON: GLENEDENBID@GMAIL.COM
PRINTED BY WESTPRINT • SOME OF THE PHOTOGRAPHS USED IN SOME ISSUES ARE COURTESY OF FREEDIGITALPHOTOS.NET
THE GLEN EDEN VILLAGE LOGO IS USED WITH PERMISSION OF THE BUSINESS ASSOCIATION